

*Ngā mihi ki a koutou katoa*

### Professional Development

I hope you all had an enjoyable holiday with your children. I managed to spend some valuable time with my own family. I also had the privilege to go to Auckland for three days to meet with other first time principals from around the country. This was a chance for me to learn and grow in my leadership role using the latest research. Hon Anne Tolley (Minister of Education) and Apryll Parata (Deputy Secretary for Māori Education) were amongst the interesting keynote speakers.

Our staff also spent

a day in the holidays at Ōtorohanga Primary School where we further developed our knowledge and understanding of teaching through ICT.

### Parent Interviews

Thank you to those who could make the parent interviews. We've had 80% of our whānau attending the discussions with teachers. This is very impressive. We encourage those who haven't met their teachers to make a time and date to meet with them. From the feedback I have received so far it was a beneficial time for both teacher and parent to establish common understandings and goals for the rest of

the year.

### Fundraising

Once again we are grateful to those who were able to support our fundraising efforts this weekend when we catered for the Britten Motorcyle Club. Our Board has added their thanks further in this newsletter.

### Project Energize

Jen Riley from Project Energize will be visiting our school a few times this term to work with our tamariki on improving their cross-country skills.

*Kia pai tō koutou wiki*

*Leanne Apiti*

*Tumuaki-Principal*

### Brain Training

#### ANZAC Day Quiz

1. What date is Anzac Day held on?
2. What does Anzac stand for?
3. Anzac relates to New Zealand soldiers participating in a battle at where?
4. In which year was Anzac first commemorated?
5. What symbol is commonly associated with Anzac?

[www.nzhistory.net](http://www.nzhistory.net)

### COMING EVENTS

29 April	BOT Meeting—Financials Only
29 April	Project Energize at school
5 May	Yr 7-8 Technology at Oto South Primary
6 May	Project Energize at school
7 May	BOT Elections
20 May	BOT Meeting
25 May	Interschool Cross Country at PiriPiri

### FOOD LABELS

#### Can you trust a label?

There are certain things that legally have to be on a label and have to be accurate and correct – so yes, you can trust the label!

These are:

- The **nutrition information panel** (containing calories/kJ, fat – total and saturated, carbohydrates – total and sugars, protein and sodium).
- **Ingredient list**
- **Use by/best before date**

Some manufacturers are clever with the way they label, it's still accurate information, but it may make you think it's better than it is, so read a label with caution!



### FOOD LABELS

#### What's in a label?

**All foods have labels to tell you what is in it.** Once you can understand and interpret food labels you can work out whether a food is actually healthy for you.

There are several parts of the label that you need to consider –

- the **nutrition information panel** (a grid usually on the back that has all the nutrients and numbers in it)
- the **ingredient list**
- and the **nutrition claims** (e.g. 'lite' or 'no added sugar')

**Each week we will give you more information to 'decode' food labels.**





## Otorohanga District



### Cheers Volunteers 2010

Volunteer Awareness Week 2010 (20-26 June) recognises and encourages volunteers across the generations, and during this week we acknowledge our volunteers by saying a 'BIG thanks' to them with a special function. Sport Waikato and the Waikato District Council would like to jointly recognise volunteers who contribute to sport and active communities in the Waikato district. This is an excellent opportunity for your club, organisation or school to thank your hardworking volunteers. We invite you to nominate your volunteers. Please nominate online or complete and return this form by 4 May 2010 and we will do the rest.

**Nominate online: [www.sportwaikato.org.nz](http://www.sportwaikato.org.nz)**

Name of Club/Org/School: \_\_\_\_\_  
 Sport: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_

First name	Surname	Town	Role
1			
Postal Address			
2			
Postal Address			
3			
Postal Address			
4			
Postal Address			
5			
Postal Address			

Please return by 4 May 2010 to:  
 Robbie Matthews  
 Otorohanga District Coordinator  
 Sport Waikato, 120 Maniapoto Street, Otorohanga 3900 or fax to 07 873 7333

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## Board News

Kia ora kouou Katoa  
 Thank you to everyone who supported the school during our fundraising. A massive effort well done! Also huge thanks to our local businesses, Oparau Roadhouse and Kawhia Motors Ltd.

### FIREWOOD FOR SALE

Oak—\$60 per trailer

Contact: Bam 0273692371

Proceeds split Rugby & Netball

## School Notices

### Manual (Yr 7-8 Technology)

Next Manual—Wednesday, 5 May.  
 Parent roster for Manual Bus:  
 Parent/Caregiver of Te Kahu.

### ABSENCES

If your child is going to be away please contact the school office on 871 0725. Please contact Mrs Sherman for her cellphone number if it is easier to text her when your child is going to be away. All un notified absences are followed up by Mrs Sherman or Whaea Karen (Truancy Officer) to ensure safety

and wellbeing of your children.

### T-Shirts

Please make sure to return school t-shirts so we can issue them for interschool cross country.

### Parent Interviews

Did you miss your parent interview? Please let us know if you would like us to arrange another time for you to meet with your teacher.

### Breakfast Club

Still open 5 days a week thanks to our volunteers. If you can spare time to help please let Karen Bishop know.

## Duffy News



### Government Book Offer

This year Duffy Books in Homes celebrates its 15th year and we are proud to have been a part of it for most of that time, to be visited by great role-models and to have such supportive sponsors.

The government endorses the Duffy Books in Homes programme by donating one book for every child at Kāwhia School. This week the children got to choose their book and this will be handed out later in June.

*We are grateful for our sponsors this year:*

*The Sproule Family,  
 Greg and Karen Nicholls  
 and the  
 Kāwhia School Board of Trustees*

## Hartequin Swim School

# Learn to Swim

"The best investment you can make in your child's future."

### TERM TWO 2010

## Lessons for all ages



## NEW

3 & 4 year old lessons, Tues & Thurs

### RING AND BOOK TODAY!!

To book please contact the Hartequin Swim School at the Te Awamutu Events Centre.  
 Ph 07 871 2080 or email [programmes@h2omanagement.co.nz](mailto:programmes@h2omanagement.co.nz)




## Anzac Quiz answers

1. Anzac Day is held 25 April, the date of the first ANZAC landings in 1915.
2. The Australian and New Zealand Army Corps (ANZAC) was formed in December 1914 and made its operational debut on 25 April, 1915.
3. Anzac Day commemorates the Gallipoli campaign—the first major battle fought by NZ troops in the First World War.
4. 1916
5. The red Flanders Poppy was the first to grow in the soil of the soldiers' graves in the area of Flanders during the First World War