

Wednesday, 26 February 2014

Ko te Wenerei, 26 o Pepuere 2014



Tēnā koutou katoa

Term 1, Week 4

Our school and Kawhia community have had a very sad few weeks as we continue to mourn the lost of loved ones. We send out our aroha and sincere condolences.

TEACHER ONLY DAY NEXT TUESDAY

Please remember that next Tuesday is TEACHER ONLY DAY and school will be closed for instruction while the teachers attend a writing conference. Please make arrangements for your children on that day.

TE MAIKA CAMP NEXT WEEK!

Please make sure the permission notes are returned this week! Reminder that the cost is a very reasonable \$20 per whanau/family.

We have been informed that there are plenty of plates and cutlery at Te Maika so campers only need to bring cups.

There is a fire ban so we will not be lighting any bonfires.

A flyer will be sent home later this week with more detail.

POUKAI IN TWO WEEKS

As mentioned earlier in the year, we will be sending our senior children to the Poukai only and we are aiming to send them to all marae. Please complete the permission note, if you haven't already done so, to indicate which Poukai you would like your child to go to.

Junior children will not be attending unless parents choose to take them themselves.

HEADLING/KUTU EDUCATION SESSION

This has been postponed due to the tangi being on at the same time.

TRIATHLON

Thanks to John and Sue Burton, the older children will be busy participating in the Club Mud Triathlon later this afternoon. The whole school have enjoyed training together every afternoon for this awesome annual event. Registration is 4pm at the Boating Club.

MOBILE DENTAL CLINIC

Trish from the Mobile Dental Unit will be in Kawhia (behind hall) on Wednesday 5th

March. They are bringing their 'treatable unit' so parents don't have to take their children to town for treatment.

Appointments are attached to this newsletter—please read them carefully

If there are any concerns or need appointments rescheduled please phone:

Mobile Unit 021 487 914
or Freephone 0800talkteeth

Kia pai tō koutou wiki

Leanne Apiti

COMING EVENTS

26 Feb TODAY	Triathlon 4pm Registration at Boat Club
Thu, 27 Feb	ECC Trikeathon \$2 sausage sizzle/\$1 popcorn/coin donation
Thu, 27 Feb	Rhonda Kerr—Social Worker in School Phil Coffin—Mentor in School
Tue, 4 Mar	TEACHER ONLY DAY
Wed, 5 Mar-Fri 7 Mar	Te Maika Camp
11-14 Mar	Poukai Week

Trikeathon/Bikeathon

A FUNdraiser for Te Kura Tiakikohungahunga/Kawhia Early Childhood Centre...

Thursday 27th February

9am – decorate bikes/trikes

10am – ride around our course with a few obstacles and road rules (At the school netball courts)

11am – sausage sizzle

Sausages \$2

Carnival Drinks \$1

Popcorn \$1



Please join us for this fun event on the day.

Prior to the event, they are collecting some

sponsorship or donations for your child's effort.

Please bring a donation for them on the day.

Students love 'Fruit in Schools' initiative

NORTH King Country school children are among many throughout the country tucking into thousands of pieces of fruit each week thanks to a national health initiative.

Established in 2005, by the Labour-led Government as part of the wider Health Promoting Schools initiative, the 'Fruit in Schools' scheme initially served just 114 schools.

Today more than 96,000 children in 473 primary and intermediate schools throughout the country benefit from the scheme.

Locally Benneydale, Centennial Park, Kawhia, Pukenui, Te Wharekura o Oparure, Otorohanga and Te Kuiti primary schools have up to 33 different pieces of fruit and vegetables delivered twice a week.

Te Kuiti Primary School principal Judith Wootton says the decision to join the programme was an obvious one.

"We decided to get involved with this for the 5+ a day benefits, and because we like our health promotion to focus on healthy choices.

"Over the years the children have tried fruit and/or vegetables that perhaps they wouldn't necessarily try at home.

"They get excited to see what they are having each week and miss it when it's not there.

"We are privileged to be a part of this scheme for

the health benefits and also being able to educate our children about those benefits.

"This has also opened our children's minds into growing their own fruit and vegetables both here at school and at home."

The school's PR officer Jen Cook says fruit has been delivered and enjoyed by students for three years . . . and "they love it."

"I know with my kids, they are more enthusiastic about eating fruit at home due to the programme at school, and once kids see others eating there is a bit of positive peer pressure."

Kawhia School principal Leanne Apiti says the programme provides students with obvious benefits such as them not going hungry while promoting healthy eating habits.

"Other bonuses include learning environmental sustainability and whakawhānaungatanga (the process of establishing relationships) where relationships are strengthened as they enjoy eating fruit together."

The programme costs the Government \$7 million each year.

Health Minister Tony Ryall says primary and intermediate students will eat more than 18 million pieces of free fruit this year.

"More children than ever before are getting a healthy piece of fruit each day at school."



APPLE A DAY: Kawhia School students Rachel Apiti (left), Talianna Uerata-Osborne and Jacqueline O'Carroll love the 'Fruit in Schools' programme and they enjoy different seasonal fruits such as apples, oranges, bananas, grapes and pineapples. PHOTO SUPPLIED

"I have come to the frightening conclusion that I am the decisive element. It is my personal approach that creates the climate. It is my daily mood that makes the weather. I possess tremendous power to make life miserable or joyous. I can be a tool of torture or an instrument of inspiration, I can humiliate or humour, hurt or heal. In all situations, it is my response that decides whether a crisis is escalated or de-escalated, and a child is humanized or de-humanized. If we treat people as they are, we make them worse. If we treat people as they ought to be, we help them become what they are capable of becoming."

— Haim G. Ginott, *Teacher and Child: A Book for Parents and Teachers*

Duffy Books in Homes



'Duffy, King of Books' Theatre
Written by Rachel Callinan & directed by Jeff Szusterman

This year Duffy and his friend Rosie are excitedly awaiting a visit from Duffy's famous, rugby league playing uncle, Bingo. They are taken aback however when they begin to learn that Bingo isn't a big fan of books and maybe can't read at all! With ideas from the audience and Duffy's *King of Colours* book, the pair go on a journey to help Bingo learn the importance of reading and the benefits it can have for everyone, everywhere. Together, Duffy and Rosie sing and stumble their way through to the realisation that everyone has a different favourite story and that each person's story is just as awesome as the next.

Our awesome sponsors who make shows like the Duffy Theatre possible for us to enjoy:

The Sproule Family,
Greg and Karen Nicholls, The Lion Foundation
and the
Kāwhia School Board of Trustees

This term's nuggets are all about
BREAKFAST!



Eating breakfast every day boosts your energy levels and provides your body and brain with fuel to keep you going throughout the day.



**KAUA E
MUTU
KERE
NOA
IHO**



Pirongia Junior Rugby Club

Registration Nights
Pirongia Rugby Clubrooms

Tuesday 4th March & Thursday 6th March 6-8 pm
All grades 6-13th

Birth Certificate/ Age ID required for all new players 9-13 yrs
Subs \$40 - 1 Child, \$75 - 2 Children, \$90 - 3 + Children

Must be paid on night

EFT pos. available

Ph: Paul Dale 07 871 9170 / 0274 746 791
Malcolm Ellis 07 843 0442 / 021 614 723