

# Wednesday, 29 August 2012

## Ko te Wenerei, 29 o Here-turi-kōkā 2012

*Tēnā koutou katoa*  
*Te wiki tuawhitu*  
*Week 7 of 11*

*Welcome back,*  
*Michaan!*

*Our thoughts are with*  
*Jimmy Murch and Sue*  
*Dimond as they*  
*farewell Jimmy's dad,*  
*Jack.*

### **Keeping Ourselves Safe**

Over the next few weeks we will be teaching Keeping Ourselves Safe with the support of our police education officer, Constable Brenton Irwin.

Constable Irwin ran a workshop to introduce this programme to parents earlier this year. Keeping Ourselves Safe (KOS) is a positive personal safety (child protection) programme that aims to provide children and young people with the skills to cope with situations that might involve abuse. It will help them keep

themselves safe in their interactions with other people.

Parents and caregivers have an important role in the Keeping Ourselves Safe programme. This role involves:

- reinforcing the messages that the school is giving, for example about bullying and crossing the road;
- helping with take home activities;
- being a resource person;
- being a good role model for children and young people, for example always wearing a safety belt, not misusing alcohol;
- taking part in evaluation of learning

### **Pingao Planting**

Next Wednesday, our middle school students will be involved in helping Daisy Scott and volunteers to plant pingao at Ocean Beach. If you can help with transport and would like to help with this worthy project,

please let us know.

### **Fizzy Drinks**

We have noticed fizzy drink creeping into children's lunches lately. Please try to send healthier alternatives for your child and remember we always have free water available!!

### **Headlice-Kutus**

Kutus are on the loose again! Please make sure to check your children's hair regularly.

### **Breakfast Club**

We are very lucky to have Matua Bevan and Joshua offer to do Breakfast Club for four mornings a week. If any of you can spare a Friday to do Breakfast Club, please let us know.

Best of luck to all our kaumatua competing at the Kaumatua Games at Maketu.

*Kia pai tō koutou wiki*

*Leanne Apiti*

### **COMING EVENTS**

Thu, 30 Aug	Mrs Alderson—Senior Art
Tue, 4 Sept	Jen Riley—Project Energize
<b>Wed, 5 Sept</b>	<b>Manual—Be at school BEFORE 8.30am</b>
Wed, 5 Sept	Middle school students planting pingao at Ocean Beach
Wed, 12 Sept	Jacqui Knight, Duffy Role Model presenting books

Mrs Lyndsay Kurth,  
Acting Senior  
Manager, Student  
Wellbeing, at  
**Ōtorohanga College**  
will be visiting Kawhia  
School on

**Monday 17 October**

at the following time:

**Kawhia Primary  
School**

**9.30 - 10.30**

This visit is to speak to students who will be attending Ōtorohanga College next year.

Parents are most welcome to attend as well

## Duffy Books in Homes-Duffy Role Model: Jacqui Knight—Wed, 12 September

Jacqui Knight has had non-fiction articles published in newspapers and magazines and also writes and edits club newsletters and blogs... a wide variety of media. She has also written a book entitled 'New Zealand: Bit by Bit' documenting her ride on horseback between Bluff and Cape Reinga accompanied by two horses and her faithful dog. The story is a colourful tribute to the beautiful NZ scenery, the welcoming Kiwis, and the funny tricks that her Sheltie and horses played on her. Another picture book, 'Brae's Book' is also available from her website, [www.bitbybit.co.nz](http://www.bitbybit.co.nz).

Today Jacqui lives in Auckland where she is better known as 'Madam Butterfly' and works as a champion for NZ butterflies. In 2011 she was interviewed by Marcus Lush on TV One's 'North'. In her spare time she writes funding applications for the Monarch Butterfly NZ Trust and is also a Regional Representative for Duffy Books in Homes.



Thanks to our fantastic sponsors:  
The Sproule Family, Greg and Karen Nicholls  
and the  
Kāwhia School Board of Trustees



Many thanks also to Whaea Robbie, our Duffy Co-ordinator

### Annual Pirongia Craft Day

#### Only NZ Handmade/Homegrown

Live entertainment  
Art, Crafts, Plants, Pots,  
Food, Rides, Pottery, Jewellery, Clothes  
And many new stalls

Ample Parking

9am-3pm

Saturday September 29th

Wet or Find

NO DOGS PLEASE

[www.pirongiacraftday.co.nz](http://www.pirongiacraftday.co.nz)

### My Most Embarrassing Moment

My most embarrassing moment was playing rugby. I got through the back line. Then I started to show off and nek minit I ran into the goal post in front of my rugby team! But I still got up and scored. It felt funny.

Te Ahumai



Warriors wing Kevin Locke crashes into the goal post as he scores the winning try over the Roosters in the NRL Rugby League match, AMI Stadium, Christchurch. Credit: NZPA / Ross Setford. Odt.co.nz



Don't worry, Te Ahumai—you're not the only one who's run into a goal post!

NORTHERN KNIGHTS # 18 JAMES HODDER CRASHES INTO THE GOAL POST. PICTURE: KRIS REICHL LEADER Photo: [heraldsun.com.au](http://heraldsun.com.au)

## Sports drinks vs water

Sports drinks were originally designed for elite triathletes like **Bevan Docherty** to help them recover from their demanding training and competition. Your body doesn't need it and you don't get the benefit of the drink, just 14 teaspoons of sugar! Water is the best sports drink for us, so get slurping!



## New Zealand ShakeOut

At 9:26am on Wednesday 26 September 2012 our staff are participating in New Zealand's largest ever earthquake drill

At this time we will practise the right actions to take in an earthquake - Drop, Cover and Hold.

You're welcome to join us!

Visit [www.getthru.govt.nz](http://www.getthru.govt.nz) for more information

